



BREAKWATER IRREGULARS

STANDARD SAILING INSTRUCTIONS

1. RULES

- 1.1** Races will be governed by the current Racing Rules of Sailing. Boats shall sail with YRA of LIS minimum equipment requirements for Class C.
- 1.2** Before its division start and with mainsail raised, each boat shall approach the stern of the Race Committee ("RC") boat and declare her intention to start. Boats may NOT check in by radio.
- 1.3** Each boat intending to race shall fly the Breakwater Irregulars ("BI") burgee from a starboard shroud not above the lower spreaders and display her division's numeral pennant from the backstay.
- 1.4** A boat withdrawing from the race must report to the RC, either in person or over channel 05, as soon as practicable and wait for acknowledgement from the RC. A boat that withdraws without notification will be suspended from racing the following week.
- 1.5** At the finish, each boat is responsible for making sure the RC has established positive identification by calling out their sail number or announcing it on channel 05.
- 1.6** Any boat competing in the races must have a copy of her current PHRF Rating Certificate on file with the YRA of LIS. PHRF Weight Limits will not be in effect, however, this does not apply to any boat racing with a YRA rating credit for sailing with less than maximum crew weight.

2. ENTRIES

Open to single-hulled sailing boats 22' LOA and over, that are either owned by or chartered to registered members of the BI.

3. CHANGES IN SAILING INSTRUCTIONS

Any Notices to Competitors or changes to the Sailing Instructions will be e-mailed to the fleet no later than the Friday of the week before the Tuesday on which they take effect, and will be posted to the breakwaters.org website. All communications with competitors will be electronic.

4. SCHEDULE OF RACES

Races will be conducted on each Tuesday evening as stated in the Invitation to Race. The first signal for evening races will be made at 1900.

5. DIVISIONS

Boats will sail in one of the handicap divisions in accordance with the BI Fleet Roster.

5.1 Double Handed Division boats shall sail with main and jib only.

5.2 For the purposes of section 5.1., a jib is defined as a headsail with its luff attached along the head stay for its entire length. Reaching struts/whisker poles may be used with one end attached to the mast. Boats shall be equipped with all cabin fixtures, furniture, tables and cushions in their usual position; with ground tackle and cruising equipment in their usual cruising position, along with normal quantities of fuel, water, spares and stores. Except at the Start and at mark roundings, boats in the Double Handed Division may use autopilots.

6. THE RACING AREA

6.1 The racing area will be the waters of Long Island Sound southerly of Stamford and Greenwich.

6.2 Before the first scheduled start, all boats shall rendezvous with the RC boat at Bell R"32" ("The Cows").

7. THE COURSE

7.1 The course for each division will be indicated by code flags or on a course board mounted on the signal boat, corresponding to the following:

Pennant	Mark
"V"	Green Gong "15" Lloyd Point
"X"	Green Bell "17" Oyster Bay
"D"	Red Bell "32A" Mid Sound
"C"	Red Nun "34" Greenwich Point
"A"	Bell "1" Little Captain's Island
"G"	Green Gong "1" Stamford Harbor
"H"	Red Bell "32" The Cows
"E"	Inflatable Mark. Location will be announced by the RC
"J"	Inflatable Mark. Location will be announced by the RC
"T"	Temporary Starting Mark

7.2 Marks shall be rounded in succession in the displayed order, from topmost to bottommost. It is the intention but not the obligation for the race committee to announce the course radio.

- 7.3 At, or prior to the first warning signal, the course for the first class will be signaled from the Signal Boat. The course for each succeeding class, if it is to change will be displayed no later than the preparatory signal for the succeeding class. This modifies RRS 27.1
- 7.4 Display of code flag “2nd Repeater” along with the course signals indicates that the course is to be sailed twice around with the start mark (pin end) being treated as a turning mark of the course

8. THE MARKS

- 8.1 The marks of the course will be as indicated at 7.1.
- 8.2 Marks shall be rounded so that the boat's rhumbline course to the next mark does not cross the rhumbline course from the previous mark.
- 8.3 When the designated course is reciprocal, the mark shall be rounded leaving it to Port.

9. THE START

- 9.1 The starting line will be between a staff displaying a yellow flag (“line flag”) on the RC boat and a nearby temporary mark set by the RC or a government mark.
- 9.2 When the starting line is set, the RC will display the “line flag.”

9.3 STANDARD STARTING SEQUENCE

Races will be started in accordance with Rule 26, with the following modification: 5 minutes before the warning for the first division start only, code flag “F” will be displayed with one sound signal.

Signal	Flag and Sound	Minutes before Starting Signal
1900	Attention Code Flag “F”; 1 gun	10
	Remove “F”	6
Warning	Division Numeral Pennant; 1 gun	5
Preparatory	P, I, Z, Z with I, or black flag; 1 gun	4
One Minute	Preparatory flag removed; 1 long horn	1
Start	Class flag removed; 1 gun	0

Please note: the RC may elect to start two or more divisions simultaneously – watch the flags, and listen for courtesy announcements to this effect.

The timing of the warning signal for each succeeding class shall be taken from the starting signal of the preceding class.

- 9.4 No later than the Preparatory signal, the RC shall signal the course to be sailed for the next division to start. This modifies RRS 27.1.
- 9.5 Boats whose Preparatory Signal has not been made shall keep clear of the starting area and of all boats whose Preparatory Signal has been made. Violation of this rule is grounds for DSQ with the onus of proof on the offending boat. This modifies Part 5, Section B, RRS 63.1.
- 9.6 A boat shall not start later than 15 minutes after her starting signal.

10. RECALLS

- 10.1** RRS 29.2 is modified to allow that, in the event of an Individual Recall, infringing boat(s) may be recalled by name or sail number and an attempt may be made to notify the boat(s) over VHF channel 05.
- 10.2** RRS 29.3 is modified to require that in the event of a General Recall, the recalled division will cycle to the end of the starting rotation and follow the last scheduled start. The start for the recalled division will be a continuation of the standard sequence.

11. THE FINISH

- 11.1** The finish line will be between the "line flag" on the RC boat and the last signaled mark, except as may be modified by 11.2.
- 11.2** The race may be shortened at any mark of the course. A shortened course will be signaled with code flag "S" and two sound signals. If the race is intended to be shortened for one or more divisions, but not all, that or those division's code flag(s) will be displayed below code flag "S."
- 11.3** If a single boat is unduly delaying the completion of a race, the RC may order the race terminated and score that boat last place. This modifies RRS 28.1.

12. PROTESTS & MEDIATION

- 12.1** Protesting boats shall comply with Part 5, Section A of the RRS
- 12.2** Immediately after finishing or withdrawing, a protesting boat shall verbally inform the RC of her intention to file a protest.
- 12.3** Protests must be filed in writing and postmarked no later than 2359 the day after the race. Protests shall be emailed to Ray Redniss, redniss@optimum.net or Faxed to 203-357-1118.
- 12.4** RRS 63.1 and RRS 63.5 are modified to allow protests involving Part 2 of the RRS or RRS 31 to be mediated prior to a hearing:
1. After a protest form is delivered, a mediator will contact both the protestor and the protestee for the specific purpose of discerning the perceptions of the incident(s) of each party. Contact may include a conference call that will be scheduled at the convenience of the parties
 2. After hearing the testimony of each representative, the mediator will discuss the issues with each and, upon evaluating the statements made, the mediator shall reach one of the following conclusions:
 - A. There was no breach of a rule. If the representatives agree, the protest is withdrawn and cannot be reopened. If any representative disagrees, the matter goes to the protest committee for a hearing.
 - B. There was a breach of a rule by one or more of the boats involved. The representative(s) of the offending boat(s) have the option of accepting a 40% alternative penalty (calculated as in RRS 44.3(c) or submit the matter to a protest committee for a hearing. If the penalty is accepted, the matter cannot be reopened or made the subject of redress.
 - C. The matter should go to a protest committee for a hearing.

- 12.5** Protestors and defending skippers may be represented by designees. Mediators will not participate in protest hearing deliberations or decision, but may offer testimony to the protest committee. This changes RRS 63.3(a).
- 12.6** At the time of a scheduled protest hearing, non-appearance by the Protestor, or its designee, will result in automatic disallowance of the protest. This modifies RRS 63.3(b).
- 12.7** It is intended that protests be heard at 1900 at SYC on a date to be determined by the parties in conversation with the mediator. It is intended that such hearing be scheduled within 15 days following the race in which the protest occurred.

13. SCORING AND PRIZES

Scoring and prizes will be in accordance with the current “Official Trophy Rules.”

14. RADIO COMMUNICATION

- 14.1** It is the intention of the RC to monitor channel 05 during all races. In the event that a skipper is unsure if a race will be held owing to weather conditions, the RC may be contacted on channel 05 beginning at 1800, or by telephone to the SYC Dock House at 203 348-2575.
- 14.2** Other than as described in these instructions, a boat shall neither make nor receive radio transmissions, nor receive special communications not simultaneously available to all boats.

ADDENDUM TO STANDARD SAILING INSTRUCTIONS

For those races in which ON THE LINE is not the committee boat, the Standard Sailing Instructions are modified as follows: Section 9, except for 9.4 and 9.5 is deleted and the following is substituted:

9. THE START

- 9.1 Rule 26 is deleted in its entirety. Races shall be started using the signals as set forth below, with Divisions starting at 5 minute intervals. Times shall be taken from the visual signals only; the absence of a sound signal shall be disregarded.
- 9.2 The starting line will be between the yellow flag displayed on the RC boat and as stated in section 9 above.
- 9.3 Prior to the first Warning Signal, the RC will display white, blue and red flags from a line parallel to and above the main boom. The removal of these flags will signify the Warning, Preparatory and Start signals. The red flag will be re-used as the Starting Signal for each successive division. It will be re-raised exactly one minute after each start. While attention will be drawn to the flags with sound signals, the visual signals will always govern. Divisions will start sequentially, in numerical order, unless signaled differently by the RC.

STANDARD STARTING SEQUENCE

1st Div: Warning 1900 - 1 red; 1 blue; white lowered - 1 horn
Prep 1905 - 1 red; blue lowered - 1 horn
Start 1910 - red lowered – 1 horn
1st Div: Start 1910 – red lowered – 1 horn
2nd Div: Start 1915 - red lowered – 1 horn
3rd Div: Start 1920 - red lowered – 1 horn
4th Div: Start 1925 - red lowered – 1 horn
5th Div: Start 1930 - red lowered – 1 horn